

MYC NEWS

November 2011



COMMODORE'S REPORT

We've had some sailing great weather so far this season. Let's hope it continues. We need to thank those club members on the race committees, the RSA and BBQ rosters, who have made it possible for us to race so far.

Thanks also, to those club members who have responded to requests for help on the Race Committees for Sundays and Friday night Twilights, who haven't yet had their turn. The Friday roster seems to be covered, but if you ever find yourself not sailing on a Friday night, come and visit the deck and just see how tough this job is. The Sunday roster is looking good up until about mid January, so if you can "crystal ball" into your diary for the back half of the season and commit to a Sunday next year please contact Pam Davis at pensive@iinet.net.au

The recently held Try Sailing Day showcased the club and its community involvement. From reports, there were not so many day trippers looking for a free ride. Instead many interested locals visited the club and enjoyed the day. Sailability and the juniors also provided opportunities to participate in our sport. Thank you, Murray Bailes and the team for the effort you have put into making this another successful MYC event.

The junior fleet has expanded to capacity - until the additional newly donated Optis are delivered and additional support boats are sourced. Thank you to Southern Excellence and 'icontact Manly optometrist' for your

generous donations. See the juniors report elsewhere in this newsletter.

Webmaster Ken has been away again, sailing on Copernicus, with a full crew of MYC members, off to Lord Howe Is again. This is owner, Greg Zyner's, favourite race. Congratulations to Copernicus and crew, 2nd on IRC. Check out the MYC gallery from time to time - some great pictures of the club boats in our various series, including footage of the Lord Howe Is race taken by Vice Commodore Greg Wilkins. If you have any interesting photos from MYC race days I'm sure Ken would appreciate some for the gallery. Select the gallery link on the left hand side of the MYC home page. And don't forget the photo handbook competition each year. Your photo could grace the cover.



With Christmas looming, I'd like to remind you about some upcoming events in December and January...

The Christmas race and BBQ is scheduled for Sunday 18th December.

It's a free event - bring everything, but please remember to complete an entry form so that the handicapper can give you a "fair" start time. If you have room on your boat, consider offering a spot to the centreboarders, Sailability or the juniors. Please let me know maz@radford-yacht.com and I can co-ordinate the boats and people. Sailability, centreboarders and juniors, if we can't find a spot for you, come to the BBQ any way and meet up with other club members.

The second marathon is on the 8th January which means the second of the centreboard mini regattas as well. And speaking of regattas ... as

RACE MANAGEMENT

Thanks to everyone who has volunteered to join the race management teams so far. All our races are conducted by club members, and as we have lots of races, and need 5 people per race, we need lots of members to contribute to our sailing programme. We only need you for one race. If you have not been part of a race management team before - there are two good reasons to participate - you will have a good day, and learn lots. No experience is necessary. Even if you do not normally race, we still need you. You can volunteer for a Sunday race or a Friday twilight, so why not plan ahead and select a date that does not interfere with your sailing.

Check out the race management roster on the MYC web page and email dutyroster@myc.org.au with your preferred date. Thanks!

the keelboats Mini Regatta 1 was a washout, plans are afoot to reschedule Mini Regatta 1 and hold it, back to back, with Mini Regatta 2 on the weekend 21-22 January 2012. As this involves a bit more organisation and race committee personal, expressions of interest in this weekend will be canvassed in the near future.

JOURNAL OF MANLY YACHT CLUB

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Safe sailing!
Maz

THE MOST FUN YOU CAN HAVE ON WATER

TRY SAILING DAY Sunday November 6



Judy Richardson & Helen Hendry



Murray and Jane



Pictures by Margaret Lucas



A special thank you for all boat owners who took people for a sail, especially new members Manhattan



Marika takes down some would-be sailors



SAILABILITY PREPARES FOR AN EXCITING SEASON

A well organised team took advantage of perfect weather to haul out the Adventure 23 “Fergo”, at Treharne’s Manly BoatShed. Thanks to the donation of 10 litres of HEMPEL Olympic paint last year, we had enough anti foul left to apply two new coats. We were very impressed by how well the product had performed, as the only build up of growth was where the keel base had rested on the cradle! The shared workload and lots of friendly banter made it almost enjoyable.

So “Fergo” is now in good order, with the new mainsail donated by “Shear Magic” owners modified by Andy from Hoods in Brookvale, giving us more range potential.

The YA (NSW) Race Management course was extremely well attended, and we’re now looking forward to supplying the start team for the Access State Titles on 28/29th January



in Middle Harbour. This will be a warm up for the Worlds, which will be contested by Manly Sailability member Greg Hyde, representing the club.

The Try Sailing Day was a busy one, with fewer visitors than last year, but more locals with a serious desire to get involved. The Sailing School should benefit from the enthusiasm of some of the young visitors.

With the run up to Christmas, we’re in for a busy time, with our Family Day on Sat 10th Dec, and Christmas Regatta on Sat Dec 17th. Points from this Manly only Regatta will go towards the “Wayne Black” trophy, as will the Australia Day Regatta, and end of season Regatta in May.

Several MYC members jumped into Access dinghies on Sunday, and enjoyed the fun of being closer to the water.... So if you’d like to help out occasionally on a Sailing Day, please feel free to turn up. We sail alternate Saturday and Wednesday mornings. Jude



Fergo with Jill and Ralph applying antifoul



Jeremy Atkinson (trainer) and Race Management Course attendees

A SAILING PUZZLE

A puzzle... A river runs straight from West to East at 10 knots. A 10 mile race is held: the boats sail downstream, from West to East. The first heat is held in the morning, when there is no wind. The second heat is held in the afternoon, when there is a 10 knot wind from the West. In which heat are the faster times recorded?

Answer...

The faster heat is the one with no wind. When the wind and the water both move W to E at 10 kt, the boats drift down the river at 10 kt, with their sails hanging limp. In the heat with no wind (as measured on the land), a drifting boat has a headwind of 10 kt. You can tack into that. Of course, you don’t get something for nothing. In the heat with wind, the river does very little work on the boat. In the heat without wind, it exerts much greater force on the boat, in particular on the keel or centreboard. Much of that work goes into disturbing the air downwind of the boat’s sails.

Cary Budd

ZILZIE TWILIGHTS 1 AND 2

MYC Twilight Races 2011-2012 Results Race 1 - 21/10/11

Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Adjusted Finish Time	Elapsed Time
1	MYC33	Lautrec	18:07:00	18:07:08	19:10:42	19:10:42	01:03:34
2	MYC25	Topaz	18:10:00	18:10:13	19:17:55	19:17:55	01:07:42
3	MYC820	Good Intent	18:09:00	18:09:03	19:18:09	19:18:09	01:09:06
4	1152	Bokarra	18:08:00	18:08:18	19:18:36	19:18:36	01:10:18
5	MYC24	J-Curve	18:14:00	18:14:21	19:19:21	19:19:21	01:05:00
6	1620	Kryptonite	18:10:00	18:10:02	19:19:45	19:19:45	01:09:43
7	MYC5	Eos	18:14:00	18:14:09	19:19:58	19:19:58	01:05:49
8	5393	Runaway Taxi	18:11:00	18:11:04	19:21:32	19:21:32	01:10:28
9	73	Top Odds	18:12:00	18:12:29	19:22:00	19:22:00	01:09:31
10	4436	Okavango Delta	18:23:00	18:23:04	19:22:13	19:22:13	00:59:09
11	MYC12	San Toy	18:30:00	18:30:14	19:22:25	19:22:25	00:52:11
12	79	Pompadi	18:06:00	18:05:39	19:17:20	19:22:41	01:11:41
13	MYC157	Lady Canasta	18:16:00	18:16:03	19:22:51	19:22:51	01:06:48
14	MYC7	Ten Sixty	18:27:00	18:27:26	19:23:03	19:23:03	00:55:37
15	6295	Ratty Tooy	18:17:00	18:17:28	19:23:20	19:23:20	01:05:52
16	MYC10	Pensive	18:28:00	18:28:06	19:23:21	19:23:21	00:55:15
29	6776	Dances with Waves	18:32:00	18:32:16	19:23:22	19:23:22	00:51:06
17	MYC1	Aussie Rules	18:12:00	18:11:55	19:19:20	19:24:25	01:07:25
18	MYC28	Kestrel II	18:00:00	18:00:43	19:25:23	19:25:23	01:24:40
19	MYC32	Esprit	18:28:00	18:28:05	19:25:43	19:25:43	00:57:38
20	2306	Twilight Express	18:26:00	18:26:10	19:26:18	19:26:18	01:00:08
21	4863	Two Can	18:20:00	18:19:58	19:26:35	19:26:35	01:06:37
22	MYC37	Moonraker	18:22:00	18:22:05	19:26:42	19:26:42	01:04:37
23	MYC100	Shear Magic	18:26:00	18:25:32	19:21:18	19:26:46	00:55:46
24	557	Occam's Razor	18:22:00	18:22:00	19:27:14	19:27:14	01:05:14
25	7888	Manhattan	18:24:00	18:24:16	19:28:56	19:28:56	01:04:40
26	NH14	Hagar IV	18:17:00	18:18:49	19:28:59	19:28:59	01:10:10
27	MYC27	Esra Tew	18:05:00	18:05:01	19:29:04	19:29:04	01:24:03
28	6421	Pohono	18:17:00	18:19:20	19:29:52	19:29:52	01:10:32
	MYC9	Beausoleil	18:09:00	18:09:38	DNF	DNF	DNF
	1236	Local Hero	18:31:00	18:31:16	DNF	DNF	DNF



Zilzie
ZILZIE WINES

MYC Twilight Races 2011-2012 Results Race 2 - 28/10/11

Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Elapsed Times
1	MYC34	Sip Ahoy	18:14:00	18:14:27	19:32:10	01:17:43
2	6776	Dances with Waves	18:31:00	18:31:07	19:34:29	01:03:22
3	4863	Two Can	18:18:00	18:18:12	19:34:46	01:16:34
4	MYC7	Ten Sixty	18:26:00	18:26:05	19:35:29	01:09:24
5	2306	Twilight Express	18:24:00	18:24:14	19:35:46	01:11:32
6	MYC50	Watershed	18:14:00	18:15:22	19:35:59	01:20:37
7	MYC10	Pensive	18:27:00	18:27:00	19:36:03	01:09:03
8	MYC6	Aida	18:13:00	18:13:05	19:36:09	01:23:04
9	6295	Ratty Tooy	18:16:00	18:16:21	19:36:16	01:19:55
10	MYC12	San Toy	18:30:00	18:30:09	19:36:56	01:06:47
11	1236	Local Hero	18:31:00	18:31:04	19:38:08	01:07:04
12	KA55	Atalanta	18:09:00	18:09:50	19:38:36	01:28:46
13	MYC28	Kestrel II	18:00:00	18:00:03	19:39:18	01:39:15
14	MYC33	Lautrec	18:15:00	18:15:20	19:39:20	01:24:00
15	MYC100	Shear Magic	18:26:00	18:26:50	19:39:37	01:12:47
16	MYC32	Esprit	18:27:00	18:28:08	19:39:56	01:11:48
17	557	Occam's Razor	18:20:00	18:20:01	19:40:08	01:20:07
18	1152	Bokarra	18:10:00	18:10:13	19:40:26	01:30:13
19	MYC5	Eos	18:14:00	18:14:25	19:40:31	01:26:06
20	MYC37	Moonraker	18:20:00	18:20:02	19:40:43	01:20:41
21	73	Top Odds	18:12:00	18:12:04	19:40:58	01:28:54
22	MYC24	J-Curve	18:14:00	18:14:00	19:41:09	01:27:09
23	5393	Runaway Taxi	18:11:00	18:11:02	19:41:37	01:30:35
24	MYC25	Topaz	18:16:00	18:16:16	19:42:19	01:26:03
25	NH14	Hagar IV	18:15:00	18:15:20	19:42:35	01:27:15
26	7888	Manhattan	18:22:00	18:22:04	19:42:42	01:20:38
27	6421	Pohono	18:15:00	18:15:43	19:44:19	01:28:36
28	MYC820	Good Intent	18:13:00	18:14:50	19:45:19	01:30:29
29	MYC9	Beausoleil	18:09:00	18:09:09	19:48:57	01:39:48
30	MYC27	Esra Tew	18:03:00	18:13:01	19:59:58	01:46:57

Pictures by Margaret Lucas



Zilzie
ZILZIE WINES



MANLY YACHT CLUB CHRISTMAS PARTY



Overboard at Christmas



Sunday the 18th of December

Watch the sun set over another year of great sailing from the top deck of your club.

11 am

Free Race Entry – Non Spinnaker; handicap start,

1 pm

Post Race Party and Barbeque for all family and friends – BYO BBQ supplies and drinks as well as friends, family, crew, and anyone else.

Think you've got the gaudiest sleigh? - Prizes awarded to the crew who've gone the most "Overboard at Christmas".

See the Manly Yacht Club website (www.myc.org.au) for:

- Entry Form
- NOR and SI's
- Crew Finder / Boat Finder

Questions, queries, or comments - Call Alex Seja or his little helpers on 0411 377 292 or email alexseja@floritecoatings.com.au

COPERNICUS
2nd, IRC Division
in the 2011
Gosford to Lord
Howe Yacht Race.



Crew – Greg Zyner, Jim Nixon, Felicity Nelson, Alex Seja, Michael Doherty, Greg Wilkins, Michael Scott & Ken Terrens

CLUB CHAMPIONSHIP



PEPPER TREE

RACE 2 [9/10/2011] MYC Club Championships												
Pepper Tree Wines CC 2												
Division 1 Keel TOT HC results Start : 13:00:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	557	Occam's Razor	2:43:26	0.875	2:23:00	0.903	0.882	D S.Garmston	DuncansonOffshore30	1.0	15:43:26	7
2	AUS160	Kaotic	2:44:11	0.880	2:24:29	0.899	0.885	A Crothers	J24	2.0	15:44:11	8
3	MYC7	Ten Sixty	2:36:18	0.944	2:27:33	0.944	0.945	P Vidler	Radford10.6	3.0	15:36:18	4
4	MYC12	San Toy	2:27:38	1.011	2:29:15	0.999	1.007	G Radford	Radford12	4.0	15:27:38	1
5	MYC32	Esprit	2:33:17	0.977	2:29:46	0.963	0.970	G Wilkins	Archambault32gs	5.0	15:33:17	3
6	KA16	Pam	2:42:59	0.930	2:31:34	0.905	0.924	M Walker	International5.5	6.0	15:42:59	6
7	6689	Copernicus	2:29:45	1.031	2:34:24	0.985	1.021	G Zyner	Radford12	7.0	15:29:45	2
8	AUS1161	Wild Life	2:40:51	1.010	2:42:28	0.917	0.997	B Davis	Etchells	8.0	15:40:51	5
DNC	MYC100	Shear Magic		0.933				S EvansM	Adams10	10.0		
Division 2 Keel TOT HC results Start : 12:50:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	KA55	Atalanta	2:21:39	0.743	1:45:15	0.768	0.750	D Harris	J24_2	1.0	15:11:39	5
2	1152	Bokarra	2:40:13	0.673	1:47:50	0.679	0.674	I Cameron	Santana22	2.0	15:30:13	9
3	5393	Runaway Taxi	2:27:37	0.735	1:48:30	0.737	0.736	M McKenzie	JogRacer	3.0	15:17:37	7
4	1255	Melody	2:15:10	0.805	1:48:49	0.805	0.805	J Nixon	SwansonDart	4.0	15:05:10	1
5	6295	Ratty Tooley	2:17:10	0.817	1:52:04	0.793	0.812	I Dennewald	Northshore34	5.0	15:07:10	2
6	6361	Czech Mate	2:21:50	0.795	1:52:46	0.767	0.788	P Dressler	Beneteau361	6.0	15:11:50	6
7	NH1	Old Habits Never Die	2:18:07	0.874	2:00:43	0.788	0.860	B Shilland	Ritual30	7.0	15:08:07	3
8	5830	Cheap Thrills	2:19:50	0.864	2:00:49	0.778	0.851	B Mifflin	Ross830	8.0	15:09:50	4
9	8081	Bella	2:30:03	0.810	2:01:32	0.725	0.800	S McCarthy	Js8	9.0	15:20:03	8
DNC	MYC6	Aida		0.740				B Spence	S80	11.0		
DNF	7888	Manhattan		0.815				S Coleman	Beneteau37			

RACE 3 [31/10/2011] MYC Club Championships												
Pepper Tree Wines CC 3												
Division 1 Keel TOT HC results Start : 13:00:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	AUS160	Kaotic	2:22:47	0.885	2:06:22	0.923	0.895	A Crothers	J24	1.0	15:22:47	5
2	MYC32	Esprit	2:13:52	0.970	2:09:51	0.984	0.969	G Wilkins	Archambault32gs	2.0	15:13:52	3
3	AUS1161	Wild Life	2:11:06	1.005	2:11:45	1.005	0.996	B Davis	Etchells	3.0	15:11:06	1
4	MYC12	San Toy	2:12:09	1.007	2:13:04	0.997	1.003	G Radford	Radford12	4.0	15:12:09	2
5	MYC100	Shear Magic	2:24:07	0.933	2:14:28	0.914	0.927	S EvansM	Adams10	5.0	15:24:07	6
6	MYC7	Ten Sixty	2:22:32	0.945	2:14:42	0.924	0.941	P Vidler	Radford10.6	6.0	15:22:32	4
7	557	Occam's Razor	2:35:45	0.882	2:17:22	0.846	0.875	D S.Garmston	DuncansonOffshore30	7.0	15:35:45	7
8	KA16	Pam	2:45:49	0.924	2:33:13	0.795	0.911	M Walker	International5.5	8.0	15:45:49	8
DNC	6689	Copernicus		1.021				G Zyner	Radford12	10.0		
Division 2 Keel TOT HC results Start : 12:50:00												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	NH1	Old Habits Neve	2:10:56	0.825	1:48:01	0.829	0.846	B Shilland	Ritual30	1.0	15:00:56	2
2	8081	Bella	2:19:55	0.775	1:48:26	0.776	0.791	S McCarthy	Js8	2.0	15:09:55	4
3	5393	Runaway Taxi	2:27:32	0.736	1:48:35	0.736	0.736	M McKenzie	JogRacer	3.0	15:17:32	5
4	5830	Cheap Thrills	2:10:53	0.851	1:51:23	0.830	0.839	B Mifflin	Ross830	4.0	15:00:53	1
5	6295	Ratty Tooley	2:19:14	0.812	1:53:03	0.780	0.803	I Dennewald	Northshore34	5.0	15:09:14	3
6	MYC6	Aida	2:35:58	0.740	1:55:25	0.696	0.731	B Spence	S80	6.0	15:25:58	7
7	1255	Melody	2:30:42	0.805	2:01:19	0.721	0.795	J Nixon	SwansonDart	7.0	15:20:42	6
DNC	1152	Bokarra		0.674				I Cameron	Santana22	11.0		
DNC	6361	Czech Mate		0.788				P Dressler	Beneteau361	11.0		
DNC	KA55	Atalanta		0.758				D Harris	J24_2	11.0		

NEW LIFEJACKET RULES ENFORCEABLE ON NSW WATERS FROM 1ST NOVEMBER 2011

NSW Minister for Ports Duncan Gay has announced that NSW lifejacket legislation for recreational boaters would today move from the education to the compliance stage.

“Over the past 12 months NSW Maritime has taken an educative approach to help people understand the new lifejacket requirements,” said Mr Gay. From today, the focus will change from education to compliance. Boaters found not to be complying with lifejacket regulations may be issued with fines.”

Mr Gay said the lifejacket legislation was created in a bid to improve the culture of safe and responsible boating across the

State. “Sadly we have had some tragic accidents this year and in each case where people have lost their lives, lifejackets were not worn,” he said. “There is no doubt that lifejackets dramatically increase your chance of survival in a boating accident. There need to be enough lifejackets on board for every passenger, and these need to be worn at the appropriate times. A lifejacket can't save your life unless you're wearing it.”

The new rules for wearing lifejackets include:

- ★ By children less than 12 years of age when:
 - ☆ in a vessel less than 4.8 metres;
 - ☆ when in an open area of a vessel less than 8 metres in length that is underway;
- ★ By all boaters in a vessel less than 4.8 metres in the following heightened risk:
 - ☆ at night;

- ☆ on open (ocean) waters;
- ☆ on alpine waters and;
- ☆ when boating alone
- ★ At times of “Skipper Judgement and Direction in “heightened risk situations such as when the weather worsens or the boat breaks down
- ★ When water-skiing or wakeboarding;
- ★ When operating a canoe or kayak on:
 - ☆ enclosed waters, when more than 100 metres from shore; and
 - ☆ open (ocean) waters.

These changes followed extensive community consultation by NSW Maritime, with more than eight six per cent of respondents supporting the majority of the proposed changes. For more information on boating safety, go to: www.maritime.nsw.gov.au

MANLY JUNIORS

MYC Juniors is up and racing at the club.

Every Saturday afternoon we take out 13-16 kids to give them time on the water to have fun and progress their sailing skills and experience. The kids range from 8 to 13 years old. Amazingly, we are already at-capacity (16 kids registered) and we are building a waiting list and considering ways to expand – options include week-day afternoon and/or Sunday morning sessions.

We have recruited a regular coach – Duncan – who hails from the UK. Duncan has deep experience in Sailing Instruction and is building a strong rapport with the Juniors group. Already after 4 weeks we can see vast improvement in the kids confidence and skill levels.

We have put the 6 new Optimists to great use – the kids are appreciating their size and user-friendliness – they are really proving to be a fantastic Learn-to-sail and Development class for the age of the kids we have involved. We have learned that the Optis are not so good at handling skipper and crew – single-handed is the way to go. The PJs are still going strong with the heavier and more

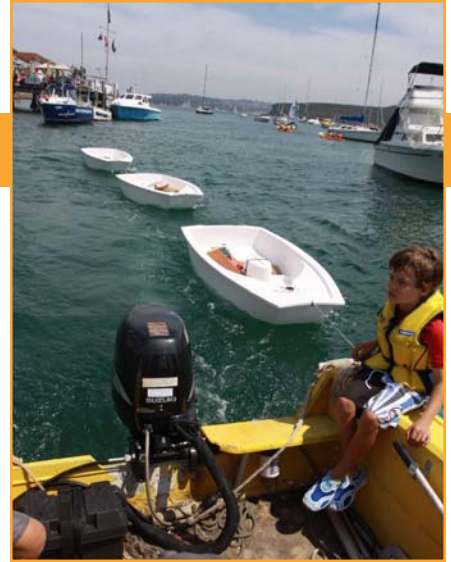
experienced sailors enjoying their speed and responsiveness.

We have been mixing things up week-to-week. One week we split the group into intermediate and beginner, another week we had only 3 boats on the water for intensive instruction. Then another week we had them all together going around a course of 3 markers. Whatever makes sense for the kids' development.

Support boats have been a challenge to-date. To maintain standard ratios (5 dinghies to 1 support boat) we have had to beg and borrow a 2nd support boat week-to-week. We thank our providers – Sailability and Northside Sailing School for lending their support boats to us. We look forward to the club coming together to fund a more permanent 2nd support boat.

I would like to pay a special thankyou to the parents who provide so much of their time and energy to supporting the Juniors Programme. Their help in feeding our coach, helping in the support boat and hauling dinghies in and out of the club house is much appreciated.

Finally, the kids have really



enjoyed all the sessions so far and our primary KPI – smiles on kids faces at the end of the day – is bearing up well. Our other primary KPI – kids returning week-to-week – is doing pretty well also.

MYC Juniors provides coaching to develop kids from beginners to racing ability and runs on Saturday afternoons of school Term 4 and Term 1. It is run by a sailing instructor and parent volunteers.

All kids from 8 to 15 years are welcome. More information: <http://myc.org.au/racing/mj/mj.shtml>

For further information and to register interest for your child/children please email manlyjuniors@myc.org.au or call 0412 426 584 and talk to Greg Taranto
Greg Taranto



Romy and Ben complete their rigging



Duncan and Hugo Taranto

Pictures by Michael Altenburger



Annika Altenburger taking on the big boys

PRESIDENT'S REPORT

We have just had another successful Try Sailing Day thanks to Murray Bailes and his team of helpers.

We were not allowed to put the usual signs indicating the event around Manly due to possible litigation from Manly Council so numbers were considerably down, despite this we signed at least 3 new members on the day so well done to all those who helped out. I was great to see one of our newest boats helping as well; Stephen and Lyn on Manhattan were taking visitors for sails and showing them the ropes....again, thank you.

The Yacht Club juniors are going from strength to strength with a full to



overflowing program and talk of having to expand already underway. I would like to welcome, and thank a new sponsor to the club, 'icontacts' have supplied a new Optimist dingy which brings us to the wished for 8 new boats. Manly Council have also helped out with \$1,000 towards a boat.

Details on 'icontact Manly optometrist' and their products can be found below.

Matt McKenzie has regrettably had to resign his role as Club Captain; Matt has contributed an enormous amount of time and effort to MYC over the past 4 years as Building and Maintenance director, and as Club Captain. Matt's hard work has seen the reorganisation

of all the ground floor boat storage area, the repairs to the wharf, and the ongoing day to day maintenance and smooth running of the club. On behalf of all the members thank you for your efforts and we look forward to seeing you and Taxi on the water.

Robyn & I, along with many other club members have the privilege of attending yet another MYC wedding this weekend, Mark Bode and Jakie Morgan are 'getting hitched' at Wollombi near the Hunter Valley. I wish them every happiness in the years to come. If anyone knows the nautical equivalent of tying a string of tin can behind a car can you please let me know so it can be arranged for the bridal boat next twilight?

That's all this month.
Ian D.

SUMMER'S ALMOST HERE! SOME EASY TIPS TO PROTECT YOUR EYES FROM HARMFUL UV RAYS

icontact Manly optometrist offers tips to keep your eyes healthy over summer.

Most Australians understand the importance of protecting their skin from the sun but they often do not protect their eyes. Many are unaware that exposure to ultraviolet (UV) radiation can harm the eyes and affect vision as well.

Over time, unprotected exposure to the sun can lead to damage to both the front and back of the eye, causing conditions such as pterygia (a growth on the eye caused by the sun), cataracts and age-related macular degeneration. UV damage is cumulative, so it's never too late to begin protecting the eyes from the sun's harmful rays.

The following tips from icontact Manly optometrist can help prevent further eye damage from exposure to UV radiation:

1. Wear sunglasses any time your eyes are exposed to UV light. For the best eye protection choose sunglasses that sit as close to the eyes as possible without touching the eyelashes, and those with side protection. Many contact lenses also offer UV protection.
2. Ensure your sunglasses meet Australian Standards for eye protection. Sunglasses should be labelled as category 2, 3 or 4.
3. Don't forget protection for children and teenagers. They typically spend more time in the sun than adults and sometimes forget to look after their eyes.
4. Avoid over-the-counter eye drops to whiten the eyes. With prolonged use these can cause the eyes to become even more red.
5. Have your eyes tested regularly. The earlier UV related conditions such as pterygia or macular degeneration are detected the better the chance for effective treatment. This will not only help to maintain good eye health but also good vision and keep you up-to-date on the latest in protection from UV radiation.

By Bettina from icontact Manly optometrist

icontact

Optometrist Max Humphreys

Summer is here - Find out How to Get Rid of Your Glasses or Contact Lenses to Enjoy Sailing and Beach Life Even More! And it's not refractive surgery, but a sustainable technique called Ortho-K.

Call icontact Manly optometrist now to find out more and receive a full eye examination including an assessment for your Ortho-K suitability at no cost to you.

Please call 02 9977 2554 now to book in your appointment before Christmas.

**Suite 308, 39 East Esplanade,
Manly NSW 2095**

www.icontactoptometrist.com.au

ZILZIE TWILIGHTS 3

MYC Twilight Races 2011-2012 Results Race 3 - 04/11/11

Place	Sail No	Yacht Name	Start Time	Actual Start Time	Finish Times	Adjusted Finish Time	Elapsed Times
1	5393	Runaway Taxi	18:09:00	18:09:26	19:16:43	19:16:43	01:07:17
2	MYC79	Pompadi	18:06:00	18:06:05	19:16:59	19:16:59	01:10:54
3	MYC24	J-Curve	18:12:00	18:12:25	19:19:35	19:19:35	01:07:10
4	1620	Kryptonite	18:10:00	18:10:39	19:20:35	19:20:35	01:09:56
5	4863	Two Can	18:22:00	18:22:15	19:21:00	19:21:00	00:58:45
6	557	Occam's Razor	18:19:00	18:19:04	19:21:44	19:21:44	01:02:40
7	MYC33	Lautrec	18:14:00	18:14:19	19:21:48	19:21:48	01:07:29
8	MYC820	Good Intent	18:11:00	18:11:11	19:22:00	19:22:00	01:10:49
9	MYC12	San Toy	18:30:00	18:30:36	19:22:06	19:22:06	00:51:30
10	MYC5	Eos	18:13:00	18:13:54	19:22:34	19:22:34	01:08:40
11	1236	Local Hero	18:31:00	18:32:40	19:22:47	19:22:47	00:50:07
12	NH14	Hagar IV	18:13:00	18:13:11	19:22:51	19:22:51	01:09:40
13	MYC10	Pensive	18:27:00	18:27:10	19:22:57	19:22:57	00:55:47
14	2035	Blu-E	18:06:00	18:06:10	19:23:21	19:23:21	01:17:11
15	MYC6	Aida	18:13:00	18:13:10	19:23:33	19:23:33	01:10:23
16	NH555	Gramarye	18:04:00	18:04:44	19:23:45	19:23:45	01:19:01
17	6295	Ratty Tooy	18:16:00	18:16:22	19:24:28	19:24:28	01:08:06
18	MYC32	Esprit	18:26:00	18:26:00	19:24:48	19:24:48	00:58:48
19	7888	Manhattan	18:20:00	18:20:09	19:25:21	19:25:21	01:05:12
20	4436	Okavango Delta	18:23:00	18:25:01	19:26:23	19:26:23	01:01:22
21	MYC7	Ten Sixty	18:28:00	18:28:14	19:26:39	19:26:39	00:58:25
22	MYC50	Watershed	18:14:00	18:13:45	19:21:55	19:27:10	01:08:10
23	6776	Dances with Waves	18:37:00	18:37:06	19:27:33	19:27:33	00:50:27
24	MYC100	Shear Magic	18:25:00	18:24:55	19:22:37	19:27:42	00:57:42
25	MYC25	Topaz	18:14:00	18:14:10	19:27:48	19:27:48	01:13:38
26	MYC1	Aussie Rules	18:12:00	18:12:08	19:27:56	19:27:56	01:15:48
27	AU135	Boudicea	18:20:00	18:20:10	19:28:45	19:28:45	01:08:35
28	MYC157	Lady Canasta	18:15:00	18:15:08	19:32:17	19:32:17	01:17:09
29	4713	Gumeracha	18:08:00	18:09:43	19:34:31	19:34:31	01:24:48
30	1152	Bokarra	18:09:00	18:09:59	19:34:33	19:34:33	01:24:34
31	MYC34	Sip Ahoy	18:22:00	18:21:50	19:30:51	19:36:01	01:09:01
32	MYC37	Moonraker	18:19:00	18:18:56	19:31:36	19:36:40	01:12:40
33	MYC9	Beausoleil	18:07:00	18:06:23	19:34:12	19:39:49	01:27:49



**THANK YOU
TO FAIRLIGHT
GOURMET
MEATS FOR
SPONSORING
OUR FRIDAY
NIGHT RAFFLE.**

SUMMER SERIES 2

Thirty yachts squared off for the second race in the MYC Summer Series on Sunday 23rd. The crews were greeted by just a touch of cloud cover over a warm, bright day, which then progressed to even warmer, sunnier and clearer, over the course of the afternoon.

Sadly, the wind didn't improve in line with the sun, and remained fairly patchy throughout the day.

However, all yachts reported that they were visited by the wind at least once over the course of the day.

One crew member was so overawed by the balmy conditions that he dived (well, fell) in for a swim from the dinghy before even getting to the yacht. Fortunately, no rowlocks were lost, and so the incident was laughed off. The person in question has probably permanently lost the nickname "twinkle-toes" - but his enthusiasm has been noted for the next Le Mans start...

Speaking of which, the starter's prize was hotly contested: even Lautrec's crew was heard counting down "9, 8, 7, 6, ... 1 - go!" as they approached the line - and crossed ... only twenty seconds late...

Lautrec did have a new helmsperson, Jeannette, but her crew admitted that the start time was probably more to do with the same old

watch being used than the new helm.

(Ed: we note that Lautrec also had on board Tslav, their Russian crew member and scapegoat, who has previously been blamed for various malfunctions - even in absentia.)

Once the start had been successfully (or otherwise) negotiated, the first reach was a little too broad for goose-winging but a few brave, or bored, crews flew kites down into Balmoral. Of course, for those with no kite this was the perfect time for the first course of lunch.

On the following leg to Lady Bay, the tide was almost stronger than the wind, pushing many boats downwind past the mark and forcing many to ... tack. This was especially inconvenient for those with lunch still in their hands.

Naturally, the wind dropped to almost nothing behind Shark Island, bunching up much of the fleet, along with boats from various other fleets, in the process - and giving those boats that were low on beer the chance to borrow or barter for fresh supplies from those around them.

(Note to handicapper: should beer consumption over the afternoon be factored into a yacht's displacement?)



While the Div 1 boats proceeded on to Clarke Island, the Div 2 boats turned North and headed back to Manly, the finish line, and further beer and barbecue.

All thirty starters also finished, which I am told, is not unusual.

On such a glorious day, there were few stories - and even fewer confessed to by the crews. Apart from Lautrec's new starting technique, and Maz being refused alcohol at the club due to lack of ID, the afternoon was carefree (and embarrassment-free) for the majority of the fleet.

By the time the crews had returned to the club, the late afternoon sun was close to perfect, and the drinks (Maz excepted) and barbecue at the club made it even closer to perfect.

The prizes from the new sponsors were hugely popular - for those who won them - and everyone is looking forward to race three.

Nik Trevallyn-Jones

MYC Race Season 2011-2012 SS Start Sheet Race 2

Div	Sail No	Boat Name	Boat Type	Helm	Start Time	Start	Finish	Place
1	6776	Dances with Waves	Beneteau 40.7	Jim Thomas	13:06:00	13:06:06	15:59:57	1
1	2306	Twilight Express	Adams 10	Xavier Decomps	12:49:00	12:49:08	16:04:21	2
1	MYC12	San Toy	Radford 12	Graham Radford	13:04:00	13:04:04	16:06:41	3
1	MYC7	Ten Sixty	Radford 10.6	Ian Green	12:56:00	12:56:05	16:07:59	4
1	MYC100	Shear Magic	Adams 10	Steffens/Evans/Sullivan	12:55:00	12:55:28	16:10:42	5
1	7888	Manhattan	Oceanis 37	Stephen Coleman	12:48:00	12:48:08	16:36:48	6
1	6421	Pohono	Bavaria 41	M McCormick/A Williams	12:40:00	DNC		
1	6689	Copernicus	Radford 12	Greg&Leanne Zyner	13:06:00	DNC		
Div	Sail No	Boat Name	Boat Type	Helm	Start Time	Start	Finish	Place
2	1255	Melody	Swanson Dart	Ivana Gattagno	12:59:00	12:59:06	16:08:34	1
2	NH1	Old Habits Never Die	Ritual 30	Brian Shilland	13:02:00	13:02:27	16:09:22	2
2	MYC33	Lautrec	Passage 33	Lee Ebeling	12:52:00	12:52:09	16:10:24	3
2	6361	Czech Mate	Beneteau 36	Phil Dressler	12:58:00	12:58:21	16:26:49	4
2	MYC820	Good Intent	Clansman 30	Peter Bennell	12:48:00	12:48:28	16:27:10	5
2	MYC5	Eos	Brittany Sloop	Brian Wilson	12:55:00	12:55:57	16:28:34	6
2	79	Pompadi	Catalina 309	Steve Frith/John O'Brien	12:44:00	12:44:27	16:29:26	7
2	2035	Blue-E	Endeavour 24	Grant Iverson	12:44:00	12:44:06	16:32:30	8

Event: 18th Ocean Care Day Festival 2011

When: Sunday 4th December

Where: Manly Ocean Beachfront

Time: 10.30am – 4.30pm

Theme: 'From the Forests to the Foreshores'

www.mec.org.au

The Manly Environment Centre hosts the 18th Ocean Care Day Festival, a free community event by the sea

with 30+ eco exhibitors. Visit our Eco Lab to find out what is happening in our forests - to the habitat, meet and hear from experts and scientists, see forest animals, view the sun through a solar telescope. Meet the 'Princess of Plastic'; in the Art Tent view the work of our local environmental artists with the opportunity to buy original artwork; visit the Penguin Pavilion to see the fabulous artwork from our local school kids and find out more about Manly's Little Penguins from our Penguin

Protectors. After making the rounds of exhibitors relax and listen to music from local artists; help us 'Keep our Sea Plastic Free' by participating in a beach cleanup at 2.00pm meet at The Corso steps. The Ocean Care Day Festival event will launched at 10.30am on beachfront forecourt at the end The Corso. Manly Yacht Club will also be running their annual Ocean Care Day Race.

OFFSHORE SERIES - BOTONY BAY RACE

Division 1 Keel TOT HC results Start : 11:11:00												
RACE 2 [16/10/2011] MYC Offshore Series Botony Bay Race												
Place	Sail No	Boat Name	Elapsd	AHC	HC Cor'd T	BCH	CHC	Skipper	Class	Score	Fin Tim	ETOrd
1	7888	Manhattan	5:24:06	0.875	4:43:35	0.900	0.885	S Coleman	Beneteau37		16:35:06	8
2	6689	Copernicus	4:37:47	1.037	4:48:04	1.050	1.047	G Zyner	Radford12	1.0	15:48:47	1
3	MYC10	Pensive	4:46:41	1.011	4:49:50	1.018	1.012	B Davis	Nsx38	2.0	15:57:41	3
4	6776	Dances With Waves	4:41:06	1.038	4:51:47	1.038	1.038	J Thomas	BeneteauFirst40.7	3.0	15:52:06	2
5	MYC32	Esprit	4:56:27	0.985	4:52:00	0.984	0.985	G Wilkins	Archambault32gs	4.0	16:07:27	5
6	MYC7	Ten Sixty	5:06:03	0.958	4:53:12	0.953	0.956	P Vidler	Radford10.6	5.0	16:17:03	6
7	MYC12	San Toy	4:53:23	1.010	4:56:19	0.995	1.004	G Radford	Radford12	6.0	16:04:23	4
8	6730	Moya	5:22:27	0.959	5:09:14	0.905	0.936	S Watson	Northshore38	7.0	16:33:27	7
9	MYC37	Moonraker	6:53:17	0.875	6:01:37	0.706	0.806	T MWatson	Beneteau37	8.0	18:04:17	9
DNC	4863	Two Can		0.945				D Steudt	Masram920	11.0		
DNC	A22	Torquill		0.985				P McCorquadale	CruisingAdams10	11.0		

EUROPOL COPPERS CUP

THE NETHERLANDS – SEPTEMBER, 2011

The NSW Police Sailing Club's "Team Downunder" representing NSW & Australia has returned home from an extremely successful yachting regatta in The Netherlands. Manly Yacht Club was represented by co-owner of Occam's Razor, David Fairclough.

The crew finished 3rd overall at the 2011 Coppers Cup Regatta sailing their Bavaria 37. It was a fantastic result, sailing in an international fleet of 32 yachts representing 17 countries. Team Downunder were beaten by a Dutch former world sailing champion who took out first place and a crack English crew who just pipped our team for second place.

The six day - 15 race regatta was fiercely competitive and conducted in heavy conditions with average wind in the 20 to 30 knot range. The regatta

was sailed out of the Dutch Olympic Regatta Centre at Medemblik and on the IJsselmeer, a large inland sea north of Amsterdam. The fleet consisted on 32 Bavaria yachts ranging in size from 42 ft to 34 ft.

Team Downunder's experienced crew were able to optimise the yacht's performance in these heavy conditions and with great and tireless crew work together with excellent race tactics finished second overall on scratch.

David Fairclough



"Team Downunder with trophy and mascot" L to R - Dave Fairclough, Ewen Hreszczuk, Steve York & Wayne Jones



New crew member for 'Tara'

Technical data:

Finn Mitternacht

Born on the 14.09.2011, 51 cm, and 3.975 Kg

The latest addition to TARA's crew lacks basic seaman ship skills, can't swim yet but is full of enthusiasm to tackle the duties ahead.

Giving his genetic potential, I am sure he'll make a great MYC volunteer one day...

Sheridan and Manny Mitternacht of Balgowlah are his parents and Finn was born in Manly.

DIARY DATES

PLEASE CHECK THE DIARY ON OUR WEBSITE FOR
ALL UPCOMING EVENTS WWW.MYC.ORG.AU

Request: Crew looking for boat
Name: Jason Wallis
Email: jlwallis@yahoo.com
Phone: 0405 903 496

Experience: I have experience in non-competitive sailing for the last 10 years in San Francisco where I singlehanded my 24' Islander Bahama and also crewed for a friend who has a j105. Very interested in getting into competitive sailing here in Manly.

Request: Crew looking for boat
Name: Laura Spiske
Email:
lauraspiske@uni-muenster.de
Phone: 0426997378

Experience: - "Ijsselmeer" in the Netherlands, Baltic Sea around Denmark on a boat with my family
Two licences for inland and sea

Request: Crew looking for boat
Name: Tobias Radenholt
Email: tobias.radenholt@stos.se
Phone: 0479064534

Experience: I live in Sydney and want to get out on the water. If you have any place for crew during your races, don't hesitate to contact me. I have a lot of experience of both racing and cruising.

If you need crew, or can fit on an extra body or two, then please give our Crew Coordinator (Lyn) a call on the new crewlink number: 0400269148 Please call this number in the days/hours before a race if you are looking for crew.



Commodore's Whinge

I know you are tired of me banging on about this but ... now that the twilight racing is upon us, I would urge you to be aware at all times of the proximity of the ferries, when starting, finishing or racing on the harbour. Check the web page regarding information on ferries and shipping movements and our responsibilities as club members in relation to our Aquatic Licence. Remember to use your navigation lights in poor visibility. And, don't forget to report in if you decide not to finish. We don't want to be sending out search parties for boats not crossing the finish line. And... just because I'm a squeaky wheel... may I again, draw your attention to SI 1.3 ... "Unless in use, no part of any anchor may project forward of the bow at any time whilst racing."

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newsletter@myc.org.au**

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